



## COMPATIBILITY OF YOUNG SPOUSES IN MODERN SOCIETY

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### ABSTRACT

In modern society, the issues of compatibility of young spouses are becoming particularly relevant, since not only harmony in marriage, but also the stability of the future family depends on the successful interaction of partners. In recent decades, social standards, cultural norms, and ideas about personal roles have changed, which requires a careful analysis of the factors affecting compatibility. To achieve harmony in family relationships, it is necessary to take into account many aspects, from personal characteristics and social conditions to cultural differences and communication patterns. Of particular importance is understanding how psychological characteristics and emotional support contribute to strengthening ties, as well as how modern technological opportunities such as social networks and online dating affect the formation of compatibility. An important aspect is the change in family roles: traditional ideas about the distribution of responsibilities are giving way to a more flexible approach focused on joint development and respect for the interests of each partner. Analyzing many factors and assessment methods, it can be concluded that a deep understanding of psychological and social aspects is necessary in order to ensure a strong and harmonious married couple. Thus, the issue of compatibility of young spouses remains one of the key issues in the study of modern marriage, requiring an integrated approach and a constant search for new means and methods to strengthen it.

**KEYWORDS:** Family, compatibility, society, conflicts.

### INTRODUCTION

The concept of compatibility in the context of marital relationships represents the ability of spouses to interact harmoniously, take into account each other's needs, and reach agreement in various spheres of their shared life. This aspect includes both psychological and social components, creating a foundation for long-term and stable relationships. Compatibility is determined not only by internal personality traits such as temperament, values, and worldview, but also by the ability to adapt to changing circumstances, resolve conflicts, and find compromises. An important characteristic is mutual respect, trust, and empathy, which contributes to the creation of emotional support and strengthens the bond. The level of compatibility may differ among different couples; however, its development is possible through conscious work on the relationship, communication, and joint problem-solving. Thus, the concept of compatibility covers a wide range of aspects, from personal characteristics to socio-cultural conditions, and is a key factor in forming a harmonious marriage and family well-being. Factors influencing the compatibility of young spouses cover a wide range of personal, social, and cultural features. The primary important aspect is the personal factor, which includes character traits, values, the level of emotional maturity, and the ability to compromise.

Relationships and mutual understanding strongly depend on the compatibility of these qualities, since mutual respect and support form the basis of a harmonious marriage. The second important aspect is social conditions, such as the level of education, material status, and family background. The coincidence of these conditions contributes to the formation of a common understanding of life priorities and goals. Cultural differences also serve as a significant factor, as customs, traditions, and worldviews can either bring partners closer together or drive them apart. Incompatibility in cultural traditions often becomes a cause of conflict if there is no mutual respect and desire to understand each other's characteristics. The degree of openness to dialogue and the ability to perceive and respect cultural differences play an important role, promoting tolerance and strengthening the relationship. In addition, the influence of the environment, such as family and friends, can have a positive or negative impact on the formation of compatibility, emphasizing the necessity of support and understanding from close ones. In combination, these factors determine the stability and quality of relationships, and their harmonious combination ensures a higher level of compatibility between young spouses.

Personal characteristics play an important role in the formation of compatibility among young spouses, having a significant impact on harmony in relationships. The degree of coincidence of values, beliefs, and life guidelines becomes of primary importance, which contributes to the creation of a stable union. Both partners should possess emotional maturity, the ability for self-reflection, and the skill to manage their emotions in order to build constructive mutual understanding. The degree of tolerance and openness to change is an important aspect, allowing adaptation to new situations and overcoming possible obstacles in joint life. Self-esteem and the level of self-confidence also affect the quality of the relationship, as confidence in oneself promotes the development of trust and respect. The presence of common interests and value priorities enhances mutual attraction, creating a sense of unity and support. At the same time, it is important to pay attention to communication skills, which allow partners to delicately express their needs and feelings, avoiding conflict situations. Emotional stability and the ability to compromise help to overcome disagreements, making it possible to develop relationships in conditions of differing personal characteristics. Mutual recognition and acceptance of each spouse's unique traits stimulate mutual support and increase the level of trust, creating a solid foundation for a shared future. Thus, personal characteristics serve as the basis for the formation of harmonious and stable relationships, which is especially important in the modern dynamic environment where the balance between individuality and shared life is valued.

Social conditions significantly influence the formation and development of compatibility among young spouses in modern society. Amid constant changes in social structures, new demands arise for spouses related to their status, roles, and the expectations of those around them. One of the key aspects is the level of social support provided to families, as well as the availability of resources that contribute to strengthening marital relationships. Modern society is characterized by a high pace of change, which affects young people's ability to adapt to new circumstances and to form stable relationships. The influence of the social environment is manifested not only through economic opportunities but also through cultural norms, traditions, and values passed down from generation to generation. Within the social environment, the level of education and social status acquire special significance, as they can

either promote or hinder harmonious interaction between spouses. For example, a high level of education usually fosters the development of interpersonal understanding and communication, as well as broadens the horizons of mutual perception. At the same time, differences in social status and income level can cause conflicts if compromise solutions are not found. Moreover, modern conditions create new forms of social life, such as the digital environment and globalization, which expand opportunities for acquaintance and communication but also increase the risk of misunderstandings and inconsistency. In the context of social uncertainty, the ability of spouses to adapt to changes in the environment, to take new demands into account, and to develop a joint strategy for interaction plays an important role. Thus, social conditions essentially shape the space for developing compatibility, creating both opportunities and possible obstacles for young spouses in modern circumstances. Cultural differences have a significant impact on the compatibility of young spouses in contemporary society. In the context of globalization and expanding intercultural contacts, situations arise where couples are united based on different cultural backgrounds. These differences are expressed in traditions, religious views, values, norms of behavior, and lifestyles. Their intersection can lead to opposite reactions: on one hand, enrichment of personal experience and broadening of horizons, and on the other, difficulties in interpersonal interaction and clashes of values. For example, differences in family roles, duties, and attitudes toward marriage can become sources of misunderstanding and conflict. In some cultures, priority is given to collectivism, respect for elders, and the preservation of traditional rituals, while in others, individualism, freedom of choice, and independence are valued. Understanding these differences and respecting the cultural heritage of a partner play an important role in strengthening relationships. In the case of language barriers or differences in rituals and holidays, it is important not to underestimate the necessity of openness and patient dialogue. Effectively addressing such problems requires awareness and a desire from both sides to understand and accept each other's cultural characteristics. Issues of compatibility in an intercultural context require special attention from psychologists and family relationship specialists, since the ability to overcome cultural boundaries becomes a key factor in creating a harmonious union and long-term cooperation between spouses.

One of the key problems of incompatibility among young spouses is the inconsistency of personal values, life goals, and expectations. At the beginning of life together, couples often face disagreements caused by differences in approaches to family, career, or child-rearing. Such divergences can intensify over time, especially if there is a lack of effective mutual understanding and willingness to compromise. The absence of intellectual and emotional compatibility also becomes a serious obstacle, causing spouses to feel alienation and dissatisfaction. It is important for both partners to be able to accept differences and find common ground; otherwise, conflicts may escalate into serious crises. Another reason for incompatibility is the untimely recognition and resolution of each spouse's psychological issues, which can lead to misunderstanding and conflict. Often, incompatibility arises from a lack of preparedness for married life, insufficient communication skills, or the wrong choice of partner. As a result, such situations may lead to the dissolution of marriage or the creation of an atmosphere of constant tension. A significant factor is the influence of family traditions and upbringing, which can sometimes hinder partners' adaptation to each other, especially if they differ in culture or customs. In general, problems of incompatibility require conscious work and



mutual effort; otherwise, they can destroy the foundation of family relationships and threaten the stability of married life in the future.

The reasons for divorce among young spouses are numerous and often related to misunderstandings, lack of mutual understanding, and mismatched expectations regarding marriage. One of the main causes is insufficient compatibility of personal characteristics such as temperament, worldview, values, and life goals. Differences in these areas can lead to conflicts and dissatisfaction in married life, especially if the partners are not prepared for growth or compromise. Another important factor is insufficient communication: the inability to openly discuss problems, the lack of listening skills, and the avoidance of conflict situations often result in the accumulation of negative emotions and, ultimately, the breakdown of the relationship. Social conditions, such as pressure from family or peers, as well as a lack of support from relatives, can increase stress and contribute to discord. Cultural differences, especially in families with diverse cultural backgrounds, often present additional challenges for compatibility, as disagreements arise in traditions, values, and family roles. Economic difficulties, including financial instability or differences in financial habits, are also significant risk factors for marriage. Poor role distribution, lack of a shared vision of the future, and emotional issues related to personal expectations contribute to disagreements. As a result, all these reasons can lead to the destruction of family relationships, especially if no active measures are taken to overcome them, which makes timely work on compatibility and mutual understanding crucial for preserving the marriage.

The psychological consequences of incompatibility in marriage can manifest in various forms of emotional instability, stress, and inner conflict. In the absence of harmony and mutual understanding between spouses, there arises a sense of lost stability and security, which negatively affects the psychological state of each partner. Most often, this is expressed in increased anxiety, depressive states, and a sense of loneliness within the family, even if the couple is still living together. Constant conflicts and misunderstandings contribute to the development of chronic stress, which, in turn, can lead to serious psychological disorders such as anxiety disorders and depression. In the long term, this affects quality of life, decreases motivation for joint efforts, and impedes the formation of trusting relationships. For many spouses, disharmony and disagreements become sources of inner tension, making it difficult to overcome difficulties and creating barriers to the development of positive connections. Another important aspect is the emergence of feelings of guilt, resentment, or misunderstanding, which significantly undermines psychological resilience and the ability to constructively resolve conflicts. That is why timely work with a psychologist or participation in family therapy often becomes necessary to restore inner harmony and strengthen marital bonds. Ultimately, the psychological consequences of incompatibility require careful analysis, awareness, and active efforts from both partners to minimize negative effects and maintain the well-being of family relationships.

To improve the compatibility of young spouses, it is important to develop skills of mutual understanding and cooperation. One effective approach is to seek and cultivate shared interests and hobbies, which strengthens the bond and helps form common goals. Spending time together on shared passions stimulates communication and trust, helps partners understand each other better, and reduces possible misunderstandings. It is also necessary to pay attention to planning leisure activities and travel together, as this helps create positive shared memories



and strengthen emotional closeness. Regular discussions about plans and views are an important aspect, as they allow couples to avoid misunderstandings and dissatisfaction and contribute to the development of constructive dialogue skills. Effective ways to enhance compatibility include sharing household responsibilities, which fosters a sense of partnership, responsibility, and mutual respect. No less significant is creating conditions for emotional support and showing care and attention to each other, especially in difficult moments. In addition, it is important to strive to develop personal qualities such as patience, honesty, and respect, which form the foundation for long-term relationships. Supporting the individuality of each spouse while also growing together contributes to harmony and mutual understanding. Ultimately, active participation and a conscious desire to develop compatibility significantly increase the likelihood of a long-term and harmonious union capable of coping with the challenges of modern society.

## CONCLUSION

The conclusion emphasizes the importance of understanding and developing compatibility between young spouses as a key condition for a successful marriage. In modern society, the dynamics of social, cultural, and personal factors require partners to engage in constant interaction, flexibility, and respect for differences. The process of adaptation and mutual recognition strengthens the emotional bond, reduces the likelihood of conflicts, and creates conditions for the long-term well-being of the family. The significance of communication is clear: open and honest dialogue makes it possible to identify and manage contradictions, as well as to strengthen trust and mutual understanding. It is important to take into account the psychological profiles of the partners—that is, their values, attitudes, and personal characteristics, all of which influence the quality of their shared life. Economic aspects also play an important role, as financial well-being helps to create a stable environment in the family and eliminates unnecessary stressful situations. In the context of globalization and the penetration of technology, cultural boundaries are becoming blurred, which creates additional challenges but also expands opportunities for finding and strengthening compatibility through international exchanges and online communication. The most important methods of assessing and increasing compatibility remain relevant: psychological tests, spending time together, and sharing common interests and hobbies. Successful stories of couples confirm that with genuine respect, patience, and a willingness to compromise, the likelihood of building harmonious and stable relationships increases. As a result, a comprehensive approach based on mutual respect, openness, and joint efforts creates a solid foundation for a happy family life, increasing the chances of its longevity and inner harmony.

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