



METHODOLOGICAL BASIS OF THE FORMATION OF VOCATIONAL QUALITIES IN STUDENTS

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ABSTRACT

In this article, the concept of will and the essence of will qualities, their specific characteristics, and the processes of formation of will qualities in students, as well as their effect on work, appreciation of work, self-management, their pedagogical and psychological processes, and scientific theories of the concept of will extensive information is provided.

KEYWORDS: Will, volitional characteristics, will of young people, steadfastness, determination, confidence, lack of will, education, training, the importance of the educational process, will disorders, self-control, courage, determination, endurance, tolerance, principle, strength, character, virtue, level, duality, character.

INTRODUCTION

in the world, a person's effective use of his/her capabilities, resolutely engaging in an activity, despite difficulties and obstacles, showing willpower, enthusiasm, perseverance and initiative in carrying out this work remains a guarantee of successful activity. The human factor in the activity, his will is considered one of the leading reserves, "in studies conducted by the American Psychiatric Association, disorders in people's relationships with themselves, lack of self-control, lack of self-control, the sudden increase in suicidal behavior among young people, the state of aggression in interpersonal relations, negative changes in human psyche, and the sharp decrease in activity efficiency are related to the insufficient formation of willpower in the individual. In this regard, identifying internal, external, social, natural factors affecting psychic reality, developing and implementing methods for optimizing psychic capabilities is a high-level, competent specialist, ethical, qualified, who prioritizes the interest of society over his own interest. issues of bringing a person to adulthood remain relevant.

World educational and scientific centers are carrying out scientific research aimed at the implementation of psychodiagnostics of the formation of the will in a person, the determination of the internal volitional capabilities of a person, age and gender characteristics, and the development of laws and mechanisms. In this regard, there is a need to carry out scientific and practical research work in the perspective of scientific research and development of the specific laws of the phenomenon of will, its effect on the effectiveness of personal activity, the necessary aspects for determination, initiative and perseverance in a person.

RESEARCH OBJECT AND USED METHODS

The object of the study was the pedagogical and psychological features of the formation of voluntary qualities in students, and 160 students from Tashkent State Pedagogical University and 150 students from Bukhara State University were recruited as respondents.



Factors affecting pedagogical and psychological mechanisms of formation of voluntary qualities in students, as well as motivational, emotional, characterological features.

The physiological basis of any voluntary action is a complex dynamic relationship of excitation and inhibition processes in the cerebral cortex. When arousal processes are weak, a person's volitional activity decreases, sometimes even a state of apathy occurs. Weakening of inhibition processes leads to a situation where a person is weak in self-control, coping with difficulties, self-restraint, and control of their behavior. The healthy condition and normal functioning of the cortex of the large hemispheres of the brain allows a person to consciously control himself, his actions and behavior. For the same reason, people's sense of purpose involves setting goals, planning before doing things, actively engaging in activities and refraining from excessive behavior, overcoming difficulties on the way to achieving goals, and self-behavior. - the ability to consciously control one's character is formed.

In the socio-historical development of psychology, these qualities developed due to external influences and the influence of the surrounding environment, as a result of which the will was formed.

We conclude that the development of a person in the current period is aimed at self-improvement, so it is possible to form a regulatory function in people, paying attention to the research subject of the field of humanistic psychology and its components. Self-assessment, self-control, self-command, self-management, self-expression, teaching self-development and self-recognition should become one of the urgent problems of general psychology

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