



METHODOLOGICAL PRINCIPLES OF DEVELOPING KNOWLEDGE OF FUTURE PHYSICAL EDUCATION TEACHERS ABOUT SPORTS TOURISM

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ABSTRACT

In this article, the idea of developing the knowledge of future physical education teachers about sports tourism, as a result of the professional activity of the physical education teacher, the physical fitness of students, individual-psychological characteristics, and the area of their motivations is thoroughly studied and developed. comments are made.

KEYWORDS: Physical education, new development, sports tourism, innovative ideas, physical culture, in European countries, well-rounded person, educational standards, modern pedagogical technologies, scientific method.

INTRODUCTION

Today, optimal pedagogical methods are being sought to improve the work style of physical education teachers. But these attempts remain fruitless due to the following shortcomings:

- "Physical education" classes included in the block of specialized subjects in the preparation of future physical education teachers for professional activities are not modernized;
- the pedagogical process is not adapted to meet the educational needs of students;
- physical education teachers do not sufficiently evaluate the possibilities of using the technology of designing physical exercises in providing modern education to students;
- striving to form the educational needs of students and create conditions for their satisfaction is insufficient;
- the use of didactic situational tasks in the physical direction to students is not conducted in an orderly and regular manner; the performance of physical-cultural-educational activities outside the auditorium of this content is not at the required level;
- design technology for students in the field of physical culture in their future specialties is often implemented at the expense of using random exercises (their content is considered outside the form, not expressed in relation to each other, and the form is observed to be carried out separately from the content);
- future physical education teachers - general secondary school teachers tomorrow need recommendations on the modern methodological and theoretical foundations of this problem.

The preparation of the future physical education teacher for professional activity is as follows: predicting the success of the intended innovation as a whole and its individual stages; to compare the innovation with other innovations, to select the most effective of them, to

determine their most significant and accurate level; checking the level of success of innovation implementation. Professional training of teachers is carried out in three stages:[1]

1. Analysis of the teacher's activity in the period before the use of the innovation in pedagogical activity.
2. Analysis of the period of active formation of professional activity.
3. Analysis of activity in the period after the introduction of innovation into the pedagogical process.[2]

In professional activity, a teacher should be an advanced, productive creative person, with wide-ranging interests, a rich inner world, and be keen on pedagogical innovation. Professional activity consists of motivational, technological and reflexive parts.[3] This process is carried out in two directions: formation of professional preparation for perception of novelty and teaching to act in a new way. The cognitive activity of students and its management are of particular importance in the organization of professional activity.

As a result of the professional activity of the physical education teacher, the physical readiness of students, individual-psychological characteristics, their motives are thoroughly studied, methodical complexes are created that provide a continuous didactic system for physical training in activities outside the school and auditorium; various competitions, educational events promoting a healthy lifestyle: conversations, parties, sports shows are organized, students' interests in sports are taken into account, they are attracted to sports clubs, physical, mental and intellectual abilities of students are developed; Pedagogical and psychological environment in the family, class and school is thoroughly studied and their cooperation is developed.[4]

The goal of preparing future physical education teachers for professional activity is to form the teacher's desire for innovation, the ability to work independently, to conduct classroom and extracurricular activities using modern pedagogical technologies and interactive methods. since it is to improve his qualifications, the physical education teacher should demonstrate the following abilities in professional activity:

1. uses creative motivation in classes, evaluates professional activity;
2. cooperates in creative interaction of students;
3. organizes work with determination, responsibility and honesty;
4. determines the need for professional activity;
5. prepares to engage in creative activities;
6. aligns personal goals with professional activities, etc.

It remains one of the urgent tasks to motivate future physical education teachers to become skilled masters of their profession, to start professional activities, and to direct their internal motivations for the effectiveness of professional activities.

creating a healthy creative environment in the continuous education system, raising the quality of teaching to a new level, developing students' worldview, thinking, and independent observation skills are of great importance in preparing the future physical education teacher for innovative activities. Relying on innovations, it is possible to concentrate, freely observe, and make reliable decisions through technologies that are considered new for teachers. Innovative technologies are aimed at solving the complex tasks of the educational process and represent the joint activities of teachers and students. They are done step by step. In this case,

based on specific methods, methods and tools, an effective management system is directed to the goal.

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